

**YOUNG MEN ABOUT CHANGE
(YMAC)
RESIDENTIAL PROGRAM
2310 1/2 Atascocita Rd., Humble, Texas 77396**

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The Harris County CSCD Young Men About Change (YMAC) Residential Program located in Atascocita is a 192 Intermediate Sanction Facility (ISF) designed to provide the Criminal Courts of Harris County with residential programming and aftercare supervision of moderate to high risk young adult male offenders evidencing the need of a structured residential setting to focus on changing criminal thinking and behavior.

TARGET POPULATION:

- Young adult male offenders, 17-25 years old and/or juvenile offenders 15-16 years old that have been certified as adults.
- Clients with moderate to high risk that would not usually be considered for community supervision or that would be considered for incarceration as a result of revocation for violations of conditions of Community Supervision.
- Clients assessed to have no identifiable substance abuse issues up to moderate levels.
- Clients with either felony or misdemeanor offenses are eligible. Misdemeanors must be assessed as high risk/needs and can comprise up to a maximum of 20% of the total program participants.
- Title 5 offenses (crimes against persons) are permitted; however, sex offenders are not eligible for YMAC.
- Clients can be stipulated either as an initial Condition of Supervision or Modified Condition of Supervision.

A Level of Service Inventory – Revised (LSIR) must be completed and recommend placement in a residential program prior to placing a client on the waiting list; assessed medium to high risk/needs.

PROGRAM LENGTH:

Six (6) to twelve (12) months in duration followed by six (6) months of intensive oversight in the community. Out of county clients will normally be expected to return to the sending county and participate in appropriate aftercare supervision.

PROGRAM OBJECTIVES:

- Education – GED where needed
- Opportunity to change negative attitudes and behaviors
- Assume responsibility for own thoughts and behaviors
- Develop skills to succeed in a non-structured community setting

EXCLUSIONS TO ADMISSION:

- There are no recent suicide attempts or documentation of suicidal ideations precautions within the last ninety (90) days.
- Post surgical recuperation of less than four (4) months.

- Clients previously discharged from in-patient treatment for substantial program non-compliance must be approved by the YMAC administration.
- Significant mental retardation conditions
- Auditory/Visual Hallucinations
- Active Psychosis
- Clients with a history of mental health diagnosis requiring medications.
- Need of detoxification
- Dialysis or severe renal (kidney) disorders
- Chronic or severe stomach, colon, bowel disorders
- Seizure disorders NOT controlled by medication
- Chronic medications (evaluated on individual basis)
- Need for chronic pain management with prescribed narcotic medications
- Fractures
- Quarantine patients (Hepatitis, T.B., etc.)
- Presence of contagious diseases
- Heart/vascular and/or unstable blood pressure
- Bleeding disorders
- Prescription medication that alters present state of mind
- Stroke history with significant impairments
- Diabetes – oral medications and/or insulin dependent